

# Advance Directive

(Maryland Code Annotated, Health-General §§ 5-601 to 5-618)

1. I, \_\_\_\_\_ (print or type full name), fill out this document to set forth my treatment instructions and to appoint a health-care agent in case of my incapacity.
2. I am one of Jehovah's Witnesses, and I direct that **NO TRANSFUSIONS of whole blood, red cells, white cells, platelets, or plasma** be given me under any circumstances, even if health-care providers believe that such are necessary to preserve my life. (Acts 15:28, 29) I refuse to predonate and store my blood for later infusion.
3. **Regarding end-of-life matters:** [initial one of the two choices]
  - (a) \_\_\_\_\_ I do not want my life to be prolonged if, to a reasonable degree of medical certainty, my situation is hopeless.
  - (b) \_\_\_\_\_ I want my life to be prolonged as long as possible within the limits of generally accepted medical standards, even if this means that I might be kept alive on machines for years.
4. **Regarding other health-care instructions** (such as current medications, allergies, medical problems, or any other comments about my health-care wishes), I direct that:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. I give no one (including my agent) any authority to disregard or override my instructions set forth herein. Family members, relatives, or friends may disagree with me, but any such disagreement does not diminish the strength or substance of my refusal of blood or other instructions.
6. Apart from the matters covered above, I appoint the person named herein as my agent to make health-care decisions for me. I give my agent full power and authority to consent to or to refuse treatment (including artificial nutrition and hydration) on my behalf, to consult with my doctors and receive copies of my medical records, and to take legal action to ensure that my wishes are honored. If my first appointed agent is unavailable, unable, or unwilling to serve, I appoint an alternate agent herein to serve with the same power and authority.

7. By signing below as the Declarant, I indicate that I am emotionally and mentally competent to make this Advance Directive and that I understand its purpose and effect. I also understand that this document replaces any similar Advance Directive I may have completed before this date.

\_\_\_\_\_  
(Signature\*)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Address)

STATEMENT OF WITNESSES: The declarant (the person who signed above) signed or acknowledged signing this document in my presence and, based upon personal observation, appears to be emotionally and mentally competent to make this Advance Directive. I am 18 years of age or older. **I am not the health-care agent or alternate agent appointed in this document.** Also, at least one of us is a person who is not knowingly entitled to any portion of the declarant's estate or to any financial benefit from the declarant's death.

\_\_\_\_\_  
(Signature of witness)

\_\_\_\_\_  
(Signature of witness)

\_\_\_\_\_  
(Address)

\_\_\_\_\_  
(Address)

**HEALTH-CARE AGENT\***

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone(s): \_\_\_\_\_  
\_\_\_\_\_

**ALTERNATE HEALTH-CARE AGENT\***

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone(s): \_\_\_\_\_  
\_\_\_\_\_

**\* Note:** Before signing this document, fill out the entire document (including the names, addresses, and telephone numbers of your health-care agents). You should sign this document in the presence of two witnesses. You may appoint any adult to be your agent except (1) an owner, operator, or employee of a health-care facility from which you are receiving health care when you sign this document, or (2) the spouse, parent, child, or sibling of an owner, operator, or employee of a health-care facility from which you are receiving health care when you sign this document, unless this individual is related to you by blood, marriage, or adoption, or he or she is your close friend.

**Advance Directive**  
(signed document inside)

**NO BLOOD**

